Introduction for Jeff Justice

All of us experience a lot of stress whether at work or home. Our speaker tonight is here to show us some effective and fun ways to deal with that stress in our lives.

His methods have been featured in magazines, newspapers and trade journals across the country as well as numerous appearances on CNN and CNBC.

His client list includes top Fortune 500 companies like AT&T, Coca Cola and IBM.

And now he can add to that list his most prestigious client to date...us!

PLEASE HELP ME WELCOME JEFF JUSTICE